




OCTOBER 2024 Pre-K in Class Cold Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>For Menu & Nutrition Information or to download the app on your device Visit MealViewer.com</p> 	<p>1 Cold Cereal Variety (WG) Sun Sweet Dried Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>2 Blueberry Muffin Flat (WG) & String Cheese Stick Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>3 Cold Cereal Variety (WG) Orchard Cupped Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>4 Trix Raspberry Yogurt Cup & Honey Graham Crackers (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>
<p>7 Banana Bread Super Slice (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>8 Cold Cereal Variety (WG) Sun Sweet Dried Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>9 Blueberry Muffin Flat (WG) & String Cheese Stick Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>10 Cold Cereal Variety (WG) Orchard Cupped Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>11 Danimals Strawberry Yogurt Cup & Honey Graham Crackers (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>
14	15	NATIONAL	16	SCHOOL
17	LUNCH	18	WEEK	
<p>No School for Students Pro-Ed Day</p> 	<p>Cold Cereal Variety (WG) Sun Sweet Dried Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>Blueberry Muffin Flat (WG) & String Cheese Stick Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>Cold Cereal Variety (WG) Orchard Cupped Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>Danimals Strawberry Yogurt Cup & Honey Graham Crackers (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>
<p>21 Banana Bread Super Slice (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>22 Cold Cereal Variety (WG) Sun Sweet Dried Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>23 Blueberry Muffin Flat (WG) & String Cheese Stick Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>24 Cold Cereal Variety (WG) Orchard Cupped Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>25 Trix Raspberry Yogurt Cup & Honey Graham Crackers (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>
<p>28 Banana Bread Super Slice (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>29 Cold Cereal Variety (WG) Sun Sweet Dried Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>30 Blueberry Muffin Flat (WG) & String Cheese Stick Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>31 Cold Cereal Variety (WG) Orchard Cupped Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	



2024 National School Lunch Week
October 14-18

SCHOOL LUNCH PIRATES
FIND YOUR TREASURE!
OCTOBER 14-18, 2024

DID YOU KNOW?

REAL PIRATES
EAT THEIR
FRUITS AND
VEGGIES!



2024 NATIONAL SCHOOL LUNCH WEEK

Cold Cereal Variety

May contain no more than 6 grams of sugar

- Cheerios Oats
- Cinnamon Chex
- Cinnamon Toast Crunch
- Marshmallow Matey's