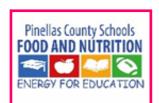
# OCTOBER

## Pre-K in Class Cold Breakfast Menu





#### **Cold Cereal Variety**

May contain no more than 6 grams of sugar

- Cheerios Oats
- **Cinnamon Chex**
- Cinnamon Toast Crunch
- Marshmallow Matey's

### For Menu & Nutrition Information or to download the app on your device Visit MealViewer.com

**Monday** 

### Cold Cereal Variety (WG)

**Tuesday** 

Sun Sweet Dried Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

### **Blueberry Muffin** Flat (WG)

& String Cheese Stick Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

Wednesday

## Cold Cereal Variety (WG)

**Thursday** 

Orchard Cupped Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

#### Trix Raspberry Yogurt Cup & Honey Graham Crackers (WG)

**Friday** 

Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

### **Banana Bread** Super Slice (WG)

Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

### **Cold Cereal Variety (WG)**

Sun Sweet Dried Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

#### **Blueberry Muffin** Flat (WG)

& String Cheese Stick Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

### **Cold Cereal Variety (WG)**

Orchard Cupped Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

11 **Danimals Strawberry Yogurt Cup & Honey** Graham Crackers (WG)

Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

15 NATIONAL

16

SCHOOL

17 LUNCH WEEK

#### No School for Students **Pro-Ed Day**

Sun Sweet Dried Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

#### Cold Cereal Variety (WG)

#### **Blueberry Muffin** Flat (WG)

& String Cheese Stick Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

#### Cold Cereal Variety (WG)

Orchard Cupped Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

#### **Danimals Strawberry Yogurt Cup & Honey** Graham Crackers (WG)

Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

### 21

#### **Banana Bread** Super Slice (WG)

Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

### Cold Cereal Variety (WG)

Sun Sweet Dried Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

#### 23 **Blueberry Muffin**

Flat (WG) & String Cheese Stick Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

### Cold Cereal Variety (WG)

Orchard Cupped Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

#### 25 Trix Raspberry **Yogurt Cup & Honey**

Graham Crackers (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

#### 28 Banana Bread Super Slice (WG)

Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

### Cold Cereal Variety (WG)

Sun Sweet Dried Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

#### **Blueberry Muffin** Flat (WG) & String Cheese Stick

Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

### Cold Cereal Variety (WG)

Orchard Cupped Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk



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